

Talking in Circles

Duration: 30-40 minutes

Supplies needed: a LONG piece of string

Instructions:

Place everyone in a circle around a long piece of string that is tied at its ends to form a circle. Have everyone grasp the string with both hands and hold the string waist high. Without letting go, the team will have to form shapes with the string; a square, a triangle, a figure eight, a rectangle, etc. Repeat the game but with everyone's eyes shut! This will require everyone to communicate clearly and listen well. Make the shapes progressively harder and periodically have them stop and open their eyes to see their progress...or lack thereof. 😊

Debriefing questions:

What did the group have to do to be successful?

Do you feel you communicated well as a team?

What changes would you make in how you communicated?

What did you do that was helpful to the process?