

## **Exciting Sponge**

For: Team Bonding

Duration: 10 minutes

Purpose: For this activity, imagination and creativity is stretched when employees are forced to make a generic sponge seem “exciting” with an explanation or fake back story.

Supplies: A random household item or random item around workplace (stapler, pencil, etc.).

Instructions:

1. Each team member grabs a random object in arm’s length and creates a story about it, or can default to describing a generic sponge.
2. The goal is to exaggerate the truth about what makes that object amazing or useful. A way to do that is to make up a completely random/bizarre backstory. For example, if someone picked up an alarm clock, they could say “This is a relic from the past and someday Indian Jones 2.0, AI edition, will travel back in time and snatch it up for a museum collection.”
3. Can pronounce someone the winner for being the most creative in their story telling.

Debrief:

- Did you learn anything new about your coworkers?
- What make this activity difficult?
- How did this activity get you outside your comfort zone?